

# KING OF KINGS MESSAGE DISCUSSION GUIDE

## IT'S PERSONAL - JULY 30, 2023

Week 5

### Icebreaker

How do you feel about a rainy day?

### Key Passage

2 Samuel 22:1-4

"David sang to the LORD the words of this song when the LORD delivered him from the hand of all his enemies and from the hand of Saul. He said: 'The LORD is my rock, my fortress and my deliverer; my God is my rock, in whom I take refuge, my shield and the horn of my salvation. He is my stronghold, my refuge and my savior—from violent people you save me. I called to the LORD, who is worthy of praise, and have been saved from my enemies.'"

### Discussion Questions

1. How does reading 2 Samuel 22:1-4 make you feel? What emotions arise as you hear that verse?
2. What about Tonya's story most inspires and/or resonates with you?
3. Do you ever feel stuck in a season of life, like there's something about your life that you want to change but can't escape? What do you do in those seasons?
4. What does it mean to surrender your situation to God?
5. Do you struggle to give grace to yourself? Why or why not?
6. Do you ever feel like you deserve the struggles of your life? Why or why not?
7. Read 2 Peter 3:9. How does this verse make you feel about what God is doing in the midst of your struggle?
8. How encouraging did you find it that Tonya has found ways to share her story to help others in similar situations? Is there a way you could do something similar?

### Close with Prayer